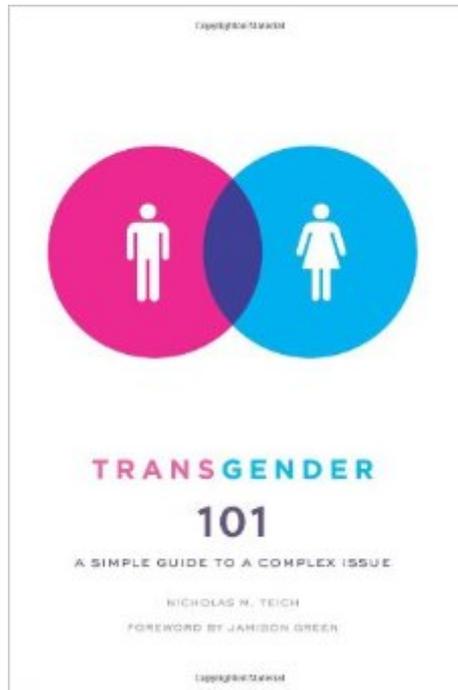


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# Transgender 101: A Simple Guide To A Complex Issue



## Synopsis

Written by a social worker, popular educator, and member of the transgender community, this well-rounded resource combines an accessible portrait of transgenderism with a rich history of transgender life and its unique experiences of discrimination. Chapters introduce transgenderism and its psychological, physical, and social processes. They describe the coming out process and its effect on family and friends, the relationship between sexual orientation, and gender and the differences between transsexualism and lesser-known types of transgenderism. The volume covers the characteristics of Gender Identity Disorder/Gender Dysphoria and the development of the transgender movement. Each chapter explains how transgender individuals handle their gender identity, how others view it within the context of non-transgender society, and how the transitioning of genders is made possible. Featuring men who become women, women who become men, and those who live in between and beyond traditional classifications, this book is written for students, professionals, friends, and family members.

## Book Information

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## Customer Reviews

Nicholas Teich's *Transgender 101: A Simple Guide to a Complex Issue* is one of those rare pieces of non-fiction that works equally well in educating (and entertaining) both within and outside the community it explores. First of all, it's an absolutely excellent resource to share with friends, family, and coworkers whose only exposure to transgender issues or themes has been through the likes of Jerry Springer or RuPaul's *Drag Race*. Nicholas begins each chapter by asking broad, sweeping questions about identity, expression, and society that immediately involve the reader in the

discussion. Once he has them hooked, he slowly narrows the scope of his answers, easing readers into understanding the relevant definitions in such a way that it feels they arrived there of their own accord. He's not preachy or overbearing, and wisely shies away from absolutes - instead, he presents suggestions and conclusions, but leaves interpretation open to the reader. Along the way, Nicholas offers a series of small, simple, easy-to-understand graphs and tables that help readers to visualise the concepts he's talking about. I was immediately struck by how effectively they compliment the text, flowing naturally from his words, as opposed to jumping out at you like the high-brow, statistical monstrosities of a more scholarly tome. He's also generous with his cartoons, using them to further engage the reader by making light of the prejudices and stereotypes those of in the community face every day. They're the kind of two-or-three panel cartoons that make you chuckle, stop yourself short, rethink what's actually been said, and then come away with a comfortable smile.

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